The ^{3rd} Annual Falling Leaf Open Saturday 3, November 2018

The **Falling Leaf Open** will be conducted in accordance with the rules and regulations of U.S. Figure Skating, as set forth in the current rulebook, as well as any pertinent updates which have been posted on the U.S. Figure Skating website.

This competition is open to all eligible, restricted, reinstated or readmitted persons as defined by the Eligibility Rules, and is a currently registered member of a U.S. Figure Skating member club, a collegiate club or an individual member in accordance with the current rulebook. Please refer to the current rulebook for non-U.S. Citizens.

ELIGIBILITY/TEST LEVEL:

Test level: Competition level is the highest test passed as of the entry deadline in the discipline the skater is entering. Entrants may skate one level above that for which they qualify, but they may not skate down in any event.

Skaters may enter only one Free Skate and only one Short Program with the following restrictions. They may enter either the Excel Free Skate or the Well-Balanced Free Skate Program, but not both during the same competition. An Excel Skater may also enter a Well-Balanced Short Program in addition to the Excel Free Skate

Age restrictions/requirements: Skaters entering juvenile free skate events (Well Balanced Program) must be under 14 years of age at the close of entries. Skaters entering open juvenile free skate events (Well Balanced Program), must be at least 14 years of age at the close of entries. Skaters entering beginner—pre-juvenile events will be divided as closely as possible by age should the number of entries warrant more than one group.

Entries: -Entries should be done on **skatingclubofsaugerties.com** no later than **October 13**, **2018** Late entries will be accepted at the discretion of the organizers for an addition fee of **\$15.00**. Entry fees are per person, U.S. dollars.

<u>For Basic Skills Events Only</u> The first event is **\$45.00** and an additional event is **\$15.00**. **For All Other Events** The first event is **\$85.00** and each additional event is **\$40.00**

NO refunds after closing date unless event is canceled by The Skating Club of Saugerties. If sending in a paper entry form there will be an addition \$15.00 processing fee. PAPER ENTRY FORMS MUST BE FILLED OUT COMPLETELY and returned with fee check made payable to The Skating Club of Saugerties. There will be a \$30.00 fee for returned checks.

REFUND POLICY: Entry fees will not be refunded after <u>October 13, 2018</u> unless no competition exists or the event is canceled. There will be no refunds for medical withdrawals. The online processing fees are not refundable. Checks returned for non-sufficient funds and contested credit card charges will be issued a \$30.00 fee. Payment of the fee will be required before the skater is allowed to participate in practice ice or events. Notification of competition and practice ice times will be available on **skatingclubofsaugerties.com**

FACILITIES: The competition will be held at The Kiwanis Ice Arena 6 Small World Ave Saugerties NY 12477

MUSIC: The official competition music must be uploaded onto EntryEeze by Sat. Oct 26th, 2018

LIABILITY: U.S. Figure Skating, The Skating Club Of Saugerties and The Kiwanis Ice Arena accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

JUDGING SYSTEM: THE INTERNATIONAL JUDGING SYSTEM (IJS) will be used for the following events: Senior Short, Senior Free Skate, Junior Short, Junior Free Skate, Novice Short, Novice Free Skate, Intermediate Short, Intermediate Free Skate, Juvenile Free Skate and Open Juvenile Free Skate. All competitors skating in these events need to submit the planned program content form online. This form is found in the Member's Only section at www.usfigureskating.org. The deadline to submit the form is Oct 15, 2018.

The 6.0 Majority Judging System will be used for all other events

REGISTRATION: Registration will be open one hour before the first event and run through the last event of the day. The registration table will be located in the Lobby of the arena. Please register promptly upon arrival. Skaters are requested to arrive 45 minutes prior to the scheduled time of their event. A tentative schedule of events will be posted prior to the competition.

PRACTICE ICE:_Practice Ice will be available throughout the competition, check the clubs website for registration and updates

PHOTOGRAPHY/VIDEOGRAPHY: There will be a professional Photos Available

AWARDS: There will be medals for 1st,2nd, & 3rd Places. 4Th & 5th Places will receive ribbons.

OFFICIAL NOTICES:

Please check the competition page on **skatingclubofsaugerties.com** for all updates.

INFORMATION REGARDING COACHES:

U.S. Figure Skating Rule MR 5.11 Coach Registration

In order to be granted access to work within U.S. Figure Skating sanctioned activities, each coach must complete the following requirements on an annual basis by July 1:

- A. Must be a current full member of U.S. Figure Skating either through a member club or as an individual member;
- B. Must complete the coach registration process through the U.S. Figure Skating Members Only site, submit proper payment for the annual registration fee of \$30 and, if 18 years of age or older, successfully pass the background screen.
- C. Must complete the appropriate CER courses (A, B, C or D) depending on the highest level of students being coached as of July 1. See rule MR 5.12.
- D. Must submit proof of current general liability insurance with limits of \$1 million per occurrence/\$5 million aggregate.

For Basic Skills ONLY coaches - Any person, 18 and older, instructing in a U.S. Figure Skating Basic Skills Program must have successfully passed the annual background screen and be registered as a Basic Skills instructor member.

The local organizing committee/club will have a list of compliant coaches who are cleared for a credential at the competition. Coaches will need to check in at the event registration desk and show a government issued photo I.D. to receive a credential.

If a coach cannot provide a photo I.D. and is not on the list or cannot produce the necessary documents, he or she will not be allowed a credential – <u>no exceptions</u>. We strongly urge *all* coaches to have their cards with them. Non-credentialed coaches will not be permitted in the designated coaching area at rink side during events including practice sessions. Coaching at U.S. Figure Skating events without proper registration is an ethics violation which is reported to U.S. Figure Skating and PSA.

For more information regarding Coach Compliance, please refer to: http://www.usfigureskating.org/Content/Coaching%20Compliance%20Toolkit.pdf

CONTACT INFO:

If you have questions, please contact: Amber Crispell at alwc86@gmail.com or 845-389-1848



Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc., unless otherwise specified.

- 1. To be skated on full ice with music.
- 2. The skater may use elements from a previous level.
- 3. A 0.2 deduction will be taken for each element performed from a higher level. Bonus skills from the same level or below are allowed but will not be judged elements.
- 4. Divide Snowplow Sam skaters by level (1-4), if registrations warrant

Level	Time	Skating rules/standards
		March followed by a two-foot glide and dip
Snowplow	1:10 max.	Forward two-foot swizzles, 2-3 in a row
Sam		Forward snowplow stop
		Backward wiggles, 2-6 in a row
		Forward two-foot glide and dip
Basic 1	1:10 max.	Forward two-foot swizzles, 6-8 in a row
		 Beginning snowplow stop on two-feet or one-foot
		Backward wiggles, 6-8 in a row
		Forward one-foot glide (no variations), either foot
Basic 2	1:10 max.	 Scooter pushes, right and left foot, 2-3 each foot
		Moving snowplow stop
		Two-foot turn in place, forward to backward
		Backward two-foot swizzles, 6-8 in a row
		Beginning forward stroking showing correct use of blade
Basic 3	1:10 max.	 Forward ½ swizzle pumps on a circle, either clockwise or counterclockwise, 4-6
		consecutive
		Forward slalom
		 Moving forward to backward two-foot turn on a circle
		Beginning backward one-foot glide, either foot
		Forward outside edge on a circle, clockwise or counterclockwise
Basic 4	1:10 max.	 Forward crossovers, 4-6 consecutive, clockwise and counterclockwise
		 Backward ½ swizzle pumps on a circle, either clockwise or counterclockwise, 4-6
		consecutive
		 Backward one-foot glides (no variations), right and left
		Beginning two-foot spin, maximum 4 revolutions
		Backward outside edge on a circle, clockwise or counterclockwise
		 Backward crossovers, 4-6 consecutive, clockwise and counterclockwise
Basic 5	1:10 max.	 Forward outside three-turn, right and left
		 Advanced two-foot spin, minimum 4 revolutions
		Hockey stop
		Forward inside three-turn, right and left
Basic 6	1:10 max.	Bunny Hop
		Basic forward spiral on a straight line (no variations), right or left
		Beginning one-foot spin, maximum 3 revolutions, optional entry and free leg position
		T-stop, right or left



PRE-FREE SKATE - FREE SKATE 1-6 PROGRAM WITH MUSIC

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times an element is executed, length of glides, number of revolutions, etc., unless otherwise stated. Connecting steps and transitions should be demonstrated throughout the program.

- To be skated on full ice.
- The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels.
- Bonus skills from the same level or below are allowed but will not be judged elements.
- A 0.2 deduction will be taken for each element performed from a higher level.
- Time 1:40 max.

Level	Time	Skating rules/standards
Pre-Free Skate	1:40 max.	 Two forward crossovers into a forward inside Mohawk, step down and cross behind, step into one backward crossover and step to a forward inside edge, clockwise and counterclockwise Basic one-foot upright spin, optional entry and free-foot position- minimum 3 revolutions Mazurka Waltz jump NOT ALLOWED -Waltz jump, side toe hop, waltz jump
Free Skate 1	1:40 max.	 Forward stroking, 4-6 consecutive powerful strokes One-foot upright spin, entry from backward crossovers, with free foot in crossed leg position (scratch spin) - minimum 4 revolutions Toe loop jump Half flip jump NOT ALLOWED – Waltz jump/toe loop combination
Free Skate 2	1:40 max.	 Alternating forward outside spiral (right and left) and forward inside spiral (right and left) on a continuous axis Beginning back spin- maximum 2 revolutions Half Lutz Salchow jump NOT ALLOWED – Salchow/toe loop combination
Free Skate 3	1:40 max.	 Alternating Mohawk/crossover sequence, right to left and left to right Advanced back spin with free foot in crossed leg position, minimum 3 revolutions Loop jump Waltz jump/toe loop or Salchow/toe loop jump combination NOT ALLOWED – Waltz/loop combination
Free Skate 4	1:40 max.	 Forward power 3's, 2-3 consecutive sets, right or left Sit spin – minimum 3 revolutions Half Loop jump Flip jump NOT ALLOWED – Waltz/half-loop/Salchow sequence
Free Skate 5	1:40 max.	 Backward outside three-turn, Mohawk (backward power three-turn), both directions Camel spin – minimum 3 revolutions Waltz-loop jump combination-
Free Skate 6	1:40 max.	 Lutz jump Creative step sequence using a variety of three turns, Mohawks and toe steps Camel, sit spin combination - minimum of 4 revolutions total Waltz jump/ half-loop/Salchow jump sequence Beginning Axel jump



SNOWPLOW SAM – BASIC 6 ELEMENTS

Two format options for the Elements Event:

- Each skater will perform each element when directed by a judge/referee OR
- Skater will perform one element at a time in the <u>order listed below</u> (no excessive connecting steps or choreography)
 - Judge/referee directed example: all skaters perform first element before moving on to the next and so on, or each skater performs all of the required elements before moving on to the next skater.
- 5. To be skated on 1/3 to 1/2 ice (determined by the LOC)
- 6. No music
- 7. Divide Snowplow Sam skaters by level (1-4), if registrations warrant
- 8. All elements must be skated in the order listed.

Level	Time	Skating rules/standards
		March followed by a two-foot glide and dip
Snowplow	1:00 max.	Forward two-foot swizzles, 2-3 in a row
Sam		Forward snowplow stop
		Backward wiggles, 2-6 in a row
		Forward two-foot glide and dip
Basic 1	1:00 max.	Forward two-foot swizzles, 6-8 in a row
		Beginning snowplow stop on two-feet or one-foot
		Backward wiggles, 6-8 in a row
		 Forward one-foot glide (no variations), either foot
Basic 2	1:00 max.	 Scooter pushes, right and left foot, 2-3 each foot
		Moving snowplow stop
		Two-foot turn in place, forward to backward
		Backward two-foot swizzles, 6-8 in a row
		Beginning forward stroking showing correct use of blade
Basic 3	1:00 max.	 Forward ½ swizzle pumps on a circle, either clockwise or counterclockwise, 4-6
		consecutive
		Forward slalom
		 Moving forward to backward two-foot turn on a circle
		Beginning backward one-foot glide, either foot
		Forward outside edge on a circle, clockwise or counterclockwise
Basic 4	1:00 max.	 Forward crossovers, 4-6 consecutive, clockwise and counterclockwise
		Backward ½ swizzle pumps on a circle, either clockwise or counterclockwise, 4-6
		consecutive
		Backward one-foot glides (no variations), right and left
		Beginning two-foot spin, maximum 4 revolutions
		Backward outside edge on a circle, clockwise or counterclockwise
		Backward crossovers, 4-6 consecutive, clockwise and counterclockwise
Basic 5	1:00 max.	Forward outside three-turn, right and left
		Advanced two-foot spin, minimum 4 revolutions
		Hockey stop
		Forward inside three-turn, right and left
Basic 6	1:00 max.	Bunny Hop
		Basic forward spiral on a straight line (no variations), right or left
		Beginning one-foot spin, maximum 3 revolutions, optional free leg held position and
		entry
		T-stop, right or left



PRE-FREE SKATE - FREE SKATE 1-6 COMPULSORY

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional.

- To be skated on ½ ice.
- No music
- The skater must demonstrate the required elements listed
- Bonus skills from the same level or below are allowed but will not be judged elements.
- A 0.2 deduction will be taken for each element performed from a higher level.
- Time: 1:15 maximum

Level	Time	Skating rules/standards
Pre-Free Skate	1:15 max.	 Forward inside open Mohawk from a standstill position (R to L and L to R) Two forward crossovers into a forward inside Mohawk, step down and cross behind, step into one backward crossover and step to a forward inside edge, clockwise and counterclockwise
		 Basic one-foot upright spin, optional entry and free-foot position - minimum 3 revolutions
		Mazurka
		Waltz jump
		Forward stroking, 4-6 consecutive powerful strokes
Free Skate 1	1:15 max.	Backward outside three-turns, right and left
		 One-foot upright spin, entry from backward crossovers, with free foot in crossed leg position (scratch spin) - minimum 4 revolutions
		Toe loop
		Half flip jump
		Alternating forward outside spiral (right and left) and forward inside spiral
Free Skate 2	1:15 max.	(right and left) on a continuous axis
		Backward inside three-turns, right and left
		Beginning back spin- maximum 2 revolutions
		Half Lutz
		Salchow jump
		Alternating Mohawk/crossover sequence, right to left and left to right
Free Skate 3	1:15 max.	Waltz three-turns, 2 sets clockwise and 2 sets counterclockwise
		 Advanced back spin with free foot in crossed leg position- minimum 3 revolutions
		Loop jump
		Waltz jump/toe loop or Salchow/toe loop jump combination
		 Forward power 3's, 2-3 consecutive sets, right or left
Free Skate 4	1:15 max.	Sit spin - minimum 3 revolutions
		Half loop jump
		Flip jump
		Backward outside three-turn, Mohawk (backward power three-turn), both
Free Skate 5	1:15 max.	directions
		Camel spin - minimum 3 revolutions
		Waltz jump-loop jump combination-
		Lutz jump
		Forward power pulls, minimum 3 on each foot
Free Skate 6	1:15 max.	Camel, sit spin combination - minimum of 4 revolutions total
		Waltz jump, ½ loop, Salchow jump sequence
		Beginning Axel jump



U.S. Figure Skating Nonqualifying Competitions

EVENT: 2018-2019 Excel Free Skate

General event parameters:

- Skaters may <u>not</u> enter both a Well-Balanced Free Skate event and an Excel Free Skate event at the same non-qualifying competition.
- Skaters will skate to the music of their choice. Vocal music is permitted at all levels.
- Level will be determined by the highest Free Skate test passed. Skaters may compete at the highest level they have passed, or "skate up" to one level higher.

Excel events may be run as either 6.0 or IJS subject to the individual competition announcement. Events will be run in accordance with the Excel Technical Handbook on the Excel Program webpage, regardless of which judging system is used.

ıg	ing system is used.				
	Excel Beginner	Maximum 4 jump elements:	Maximum 2	Maxi	mum 1
	Free Skate	Jumps with no more than one-half	spins:	Sequ	ence:
	1:40 Max	rotation (front to back or back to	Two upright spins	•	Choreograph
		front)	No change of foot		ic Step
	Must not have passed	Single rotation jumps: Salchow, toe	No flying entry		Sequence*
	higher than Learn to Skate	loop only	Minimum 3		(ChSt)
	USA Free Skate 2	Half Loops are not allowed.	revolutions	0	Must use one-
		Maximum 2 jump combinations or			half of the ice
		sequences			surface
		Maximum 2 of any same jump		0	Moves in the
					field and
					spiral
					sequences are
					allowed but
					will not be
					counted as
					elements
				0	Jumps may
					be included in
					the step
					sequence

Excel High Beginner	Maximum 5 jump elements:	Maximum 2	Maximum 1	
Free Skate	Jumps with no more than one-half	spins:	Sequence:	
1:40 Max Must not have passed higher than Learn to Skate USA Free Skate 4	rotation (front to back or back to front) Single rotation jumps: toe loop, Salchow, half-loop, loop Flip, Lutz, & Axel NOT permitted Maximum 2 jump combinations or sequences Maximum 2 of any same jump	Both spins must be in a single position No flying entry Permitted forward spins: upright, sit, camel Permitted back spins: upright Minimum 3 revolutions Spins must be of a different character	 Choreograph ic Step Sequence* (ChSt) Must use one-half of the ice surface Moves in the field and spiral sequences are allowed but will not be counted as elements Jumps may be included in the step sequence 	

Excel Pre-Preliminary	Maximum 5 jump elements:	Maximum 2	Maximum 1
1:40 Max	All single jumps allowed, except for	spins:	Sequence:
	the Axel	One spin must be	 Choreograph
Must not have passed	No single Axels, double, or higher	in a single	ic Step
higher than U.S. Figure	jumps allowed	position*	Sequence*
Skating pre- preliminary	Number of single jumps (except	One spin may	(ChSt)
free skate test	single Axel) is not limited	change feet	 Must use one-
	provided the maximum number	and/or	half of the ice
*means required element	of jump elements allowed is not	position	surface
	exceeded	No flying entry	 Moves in the
Full U.S. Figure Skating	Maximum 2 jump combinations or	Minimum 3	field and
membership required	jump sequences	revolutions	spiral
	Jump combinations limited to 2	Spins must be of a	sequences are
	jumps. One 3-jump combination	different	allowed but
	is allowed	character	will not be
	Jump sequence is any listed jump		counted as
	immediately followed by a		elements
	waltz jump.		o Jumps may be

			included in the step sequence
Excel Preliminary 1:30 +/- 10 seconds Must not have passed higher than U.S. Figure Skating preliminary free skate test *means required element Full U.S. Figure Skating membership required	Maximum 5 jump elements: All single jumps allowed, except for the Axel No single Axels, double, or higher jumps allowed Number of single jumps (except single Axel) is not limited provided the maximum number of jump elements allowed is not exceeded Maximum 2 jump combinations or jump sequences Jump combinations limited to 2 jumps. One 3-jump combination is allowed Jump sequence is any listed jump immediately followed by a waltzjump.	Maximum 2 spins: One spin must be in a single position* One spin may change feet and/or position No flying entry Minimum 3 revolutions Spins must be of a different character	Maximum 1 Sequence:
Excel Preliminary Plus 1:30 +/- 10 seconds Must not have passed higher than U.S. Figure Skating preliminary free skate test *means required element Full U.S. Figure Skating membership required	Maximum 5 jump elements: All single jumps allowed, including single Axel No double, or higher jumps allowed Single Axel may be repeated once (but not more) as a solo jump or part of a jump sequence or jump combination (maximum 2 single Axels) Number of remaining single jumps is not limited provided the maximum number of jump elements allowed is not exceeded Maximum 2 jump combinations or jump sequences All single jumps, including the single Axel are allowed as part of a jump combination or sequence (no double jumps) Jump combinations limited to 2 jumps. One 3-jump combination is allowed Jump sequence is any listed jump followed by an axel type jump.	Maximum 2 spins: One spin must be in a single position* One spin may change feet and/or position No flying entry Minimum 3 revolutions Spins must be of a different character	Maximum 1 Sequence: Choreographic Step Sequence* (ChSt) Must use one-half of the ice surface Moves in the field and spiral sequences are allowed but will not be counted as elements Jumps may be included in the step sequence

Excel Pre-Juvenile 2:00 +/- 10 seconds	Maximum 5 jump elements: All single jumps allowed, except for	Maximum 2 spins:	Maximum 1 Sequence:
Must not have passed higher than U.S. Figure Skating pre-juvenile free skate test *means required element Full U.S. Figure Skating membership required	the Axel No single Axels, double, or higher jumps allowed Number of single jumps (except single Axel) is not limited provided the maximum number of jump elements allowed is not exceeded Maximum 2 jump combinations or jump sequences Jump combinations limited to 2 jumps. One 3-jump combination is allowed Jump sequence is any listed jump immediately followed by an axel type jump.	 1 spin combinati on, with or without change of foot* Minimum 6 revolutions No flying entry 1 spin with only 1 position* No change of foot No flying entry Minimum 4 revolutions Spins must be of a different character 	 Choreograph ic Step Sequence* (ChSt) Must fully utilize the ice surface Moves in the field and spiral sequences are allowed but will not be counted as elements Jumps may be included in the choreographic step sequence
Excel Pre-Juvenile Plus	Maximum 5 jump elements:	Maximum 2	Maximum 1
2:00 +/- 10 seconds Must not have passed higher than U.S. Figure Skating pre-juvenile free skate test *means required element Full U.S. Figure Skating membership required	 1 must be an Axel-type jump or a waltz jump* All single jumps, including the single Axel, allowed. Only 1 double jump may be attempted (limited to double Salchow or double toe loop) Double loop, double flip, double Lutz, double Axel and higher jumps not allowed. Axel plus up to 1 allowable double jump may be repeated once (but not more) as solo jumps or part of a jump sequence or jump combination Number of single jumps is not limited provided the maximum number of jump elements allowed is not exceeded Maximum 2 jump combination is or sequences Jump combination limited to 2 jumps. One 3 jump combination is allowed Jump sequence is any listed jump followed by an axel type 	• 1 spin combinati on, with or without change of foot*	Sequence:

	jump.		
Excel Juvenile 2:20 +/- 10 seconds Must not have passed higher than U.S. Figure Skating juvenile free skate test *means required element Full U.S. Figure Skating membership required	Maximum 5 jump elements: All single jumps allowed, including Axel No double or higher jumps allowed Axel may be repeated once (but not more) as a solo jump or part of a jump sequence or jump combination (maximum 2 single Axels) Number of remaining single jumps is not limited provided the maximum number of jump elements allowed is not exceeded Maximum 2 jump combinations or jump sequences All single jumps, including the single Axel are allowed as part of a jump combination or sequence (no double jumps) Jump combinations limited to 2 jumps. One 3-jump combination is allowed Jump sequence is any listed jump followed by an axel type jump.	Maximum 2 spins: 1 spin combinati on, with or without change of foot* Minimum 6 revolutions Minimum 2 revolutions in each position 1 spin with only 1 position* No change of foot Minimum 5 revolutions Both Spins may start with a flying entry. Spins must be of a different character	Maximum 1 Sequence:
Excel Juvenile Plus	Maximum 5 jump elements:	Maximum 2	Maximum 1
2:20 +/- 10 seconds Must not have passed higher than U.S. Figure Skating juvenile free skate test *means required element Full U.S. Figure Skating membership required	 1 must be an Axel-type jump* All single jumps, including the single Axel, allowed. Only 2 different double jumps may be attempted (limited to double Salchow and double toe loop) Double loop, double flip, double Lutz, double Axel and higher jumps not allowed No more than 1 Axel plus and 2 different double jumps may be repeated once (but not more) as solo jumps or part of a jump sequence or jump combination Number of single jumps is not limited provided the maximum 	spins: 1 spin combinati on, with or without change of foot* Minimum 6 revolutions Minimum 2 revolutions in each position 1 spin with only 1 position*	• Choreograph ic Step Sequence* (ChSt) • Must fully utilize the ice surface

	number of jump elements allowed is not exceeded • Maximum 2 jump combinations or sequences ○ Jump combination limited to 2 jumps. One 3 jump combination is allowed Jump sequence is any listed jump followed by an axel type jump.	 No change of foot Minimum 5 revolutions Both Spins may start with a flying entry. Spins must be of a different character 	
Excel Intermediate** 2:40 +/- 10 seconds Must not have passed higher than U.S. Figure Skating intermediate free skate test *means required element Full U.S. Figure Skating membership required	 Maximum 6 jump elements: 1 must be an Axel-type jump* All single jumps, including the single Axel, allowed. Double Salchow, double toe loop, double loop allowed Double flip, double Lutz, double Axel and higher jumps not allowed No more than 1 Axel plus and 2 different double jumps may be repeated once (but not more) as solo jumps or part of a jump sequence or jump combination Number of single jumps is not limited provided the maximum number of jump elements allowed is not exceeded Maximum 3 jump combinations or sequences Jump combinations limited to 2 jumps. One 3 jump combination is permitted. Jump sequence is any listed jump followed by an axel type jump. 	Maximum 2 spins: 1 spin combinati on, with or without change of foot* Minimum 6 revolutions Minimum 2 revolutions in each position 1 spin with only 1 position* No change of foot Minimum 5 revolutions Both Spins may start with a flying entry. Spins must be of a different character	Maximum 1 Sequence:
Excel Novice** Ladies: 3:00 +/- 10 seconds Men: 3:30 +/- 10 seconds	Maximum 6 jump elements for ladies, 7 for men: • 1 must be an Axel-type jump* • All single jumps, including the	Maximum 3 spins: • 1 spin combinati	Maximum 1 Sequence:

Must not have passed higher than U.S. Figure Skating novice free skate test *means required element Full U.S. Figure Skating membership required	single Axel, allowed. Double Salchow, double toe loop, double loop, double flip allowed Double Lutz, double Axel and higher jumps not allowed No more than 1 Axel and 3 different double jumps may be repeated, and if repeated, at least 1 attempt must be as part of a jump combination or sequence There is no limit to the number of single jumps that can be repeated, but no allowable double jump can be included more than twice Maximum 3 jump combinations or sequences Jump combinations limited to 2 jumps. One 3 jump combination with a maximum of 3 jumps is allowed Jump sequence is any listed jump followed by an axel type jump.	on, with or without change of foot* Minimum 8 revolutions Minimum 2 revolutions in each position 1 flying spin with no change of foot or position* Minimum 6 revolutions 3rd spin is option of skater All spins may start with a flying entry. Spins must be of a different character	Sequence* (ChSt) Must fully utilize the ice surface
Excel Junior 3:30 +/- 10 seconds Must not have passed higher than U.S. Figure Skating junior free skate test *means required element Full U.S. Figure Skating membership required	Maximum 7 jump elements 1 must be an Axel-type jump* All single and double jumps allowed, except the double Axel. Double Axel and higher jumps not allowed No double jump can be included more than twice, and if repeated, at least 1 attempt must be as part of a jump combination or sequence Maximum 3 jump combinations or sequences. Jump combinations limited to 2 jumps. One 3-jump combination is allowed Jump sequence is any listed jump followed by an axel type jump.	Maximum 3 spins: • 1 spin combinati on, with or without change of foot* • Minimum 10 revolutions • All 3 basic positions with minimum 2 revolutions in each position for highest base value • 1 spin with a	Maximum 1 Sequence: • Choreograph ic Step Sequence* (ChSt) • Must fully utilize the ice surface

position* Minimum 6 revolutions

	may start with a flying entry. • Spins must be of a different character
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^{**} Intermediate and Novice Program lengths will change February 1, 2019, to align with the Well-Balanced program length changes.



EXCEL COMPULSORY

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional.

- 9. To be skated on ½ ice.
- 10. No music
- 11. The skater must demonstrate the required elements listed
- 12. A 0.2 deduction will be taken for each element performed from a higher level.
- 13. Time: 1:15 maximum
- 14. Skaters may have the option to skate one level higher in compulsories than free skate program.

Level	Time	Skating rules/standards
		- Toe loop jump
Excel Beginner	1:15 max.	- Salchow jump
		 One-foot upright spin - minimum 3 revolutions
		- Choreographic step sequence
		- Loop jump
Excel High	1:15 max.	- Salchow/toe loop combination
Beginner		- Sit spin - minimum 3 revolutions
		- Choreographic step sequence
		- Flip jump
Excel Pre-	1:15 max.	- Loop/loop jump combination
Preliminary		 Upright spin with change of foot – minimum 3 revolutions on each foot
		- Choreographic step sequence
		- Lutz jump
Excel Preliminary	1:15 max.	- Flip/loop jump combination
		 Camel, sit combination spin – minimum 6 revolutions total
		- Choreographic step sequence

EVENT: COMPULSORY MOVES

General event parameters:

• No Test – Pre-Juvenile: Elements skated on ½ ice

- Juvenile Senior: Elements skated on full-ice
- The skater must demonstrate the required elements (performed once only) and may use any additional elements from previous levels.
- A 0.2 deduction will be taken for each element performed from a higher level.
- Music is not allowed.
- Skaters may compete at their test level or one level higher.

Level	Time	Skating rules/standards
No-Test	1:15 max.	 Loop jump Jump combination to include a toe loop (may not use a loop or Axel) Upright spin with change of foot – minimum 3 revolutions on each foot Choreographic step sequence
Pre-Preliminary	1:15 max.	 Lutz jump Jump combination: single/single (no Axel) Spin with one change of position and no change of foot – minimum 6 revolutions total Choreographic step sequence
Preliminary	1:15 max.	 Axel jump Jump combination: single/single (may include Axel) Spin with one change of foot and one change of position – minimum 3 revolutions on each foot Choreographic step sequence
Pre – Juvenile	1:15 max.	 Axel or double Salchow Jump combination: single/single (may include Axel) Layback spin or camel spin - minimum three revolutions Step sequence - must include rotating in both directions
Juvenile & Open Juv.	1:15 max.	 Double Salchow or double toe loop Jump combination: single/single or double/single Layback spin or camel spin - minimum four revolutions Step sequence – must include 3 difficult turns and rotating in both directions
Intermediate	1:30 max.	 Double Salchow, double toe loop or double loop Jump combination: single/single or double/single, double/double Flying spin, minimum five revolutions Step sequence – must include 4 difficult turns and rotations in both directions
Novice	1:30 max.	Double loop or double flip Jump combination: double/single or double/double Slying spin - minimum six revolutions Step sequence – must include 5 difficult turns and rotations in both directions
Junior	1:30 max.	 Double flip or double Lutz Jump combination: double/double or triple/double Combination spin - minimum 10 revolutions all 3 basic positions required (min 5 on each foot) Step sequence - must include 7 difficult turns and rotations in both directions
Senior	1:30 max.	 Double Lutz or double Axel Jump combination: double/double or triple/double Combination spin - all 3 basic positions required (min. 6 on each foot) Step sequence – must include 7 difficult turns and rotations in both directions

2018-19 Singles Free Skate Elements for No Test - Senior (Well Balanced)

The Free Skate program events listed below will be skated. Athletes and coaches are responsible for going to the U.S. Figure Skating rulebook for rules, program length, etc.

http://usfsa.org/content/2018-19%20Singles%20FS%20Chart.pdf

6.0 EVENTS (WELL BALANCED PROGRAMS)

- Pre-Juvenile
- Preliminary
- Pre-Preliminary
- No Test

IJS EVENTS (WELL BALANCED PROGRAMS)

- Senior Free Skate
- Junior Free Skate
- Novice Free Skate
- Intermediate Free Skate
- Juvenile Free Skate
- Open Juvenile

2018-19 SINGLES SHORT PROGRAM ELEMENTS FOR INTERMEDIATE - SENIOR

The short program events listed below will be skated. Athletes and coaches are responsible for going to the U.S. Figure Skating rulebook for rules, program length, etc.

http://usfsa.org/content/2018-19%20Singles%20SP%20Chart.pdf

IJS EVENTS (WELL BALANCED PROGRAMS)

- Intermediate short program
- Novice short program
- Junior short program
- Senior short program

EVENT: Showcase Events – Dramatic Entertainment Events

Format:

- Programs should express intense emotional connection and investment in the music, choreography and theme concept through related skating movements, gestures and physical actions. The entire gamut of emotions may be expressed including intense joy and/or introspectiveness.
- Props and scenery ARE permitted.

General event parameters:

- Level will be determined by the highest free skate or dance (solo or partnered) test passed, as listed in the table below. Skaters may compete at the highest level they have passed, or skate up to one level higher.
- The determination of level will be based upon test requirement at the entry deadline.
- Current guidelines and procedures for nonqualifying showcase competitions can be found at <u>www.usfigureskating.org</u>, under "Programs" on the National Showcase page.

Dramatic Entertainment Levels:

Except for Adult events, skaters must compete at the highest level for which they qualify.

EVENT: Showcase Events – Light Entertainment Events

Format:

- Showcase program that should express a carefree concept or storyline designed to uplift and entertain the audience through related skating movements, gestures and physical actions.
- Props and scenery are permitted.

General event parameters:

- Level will be determined by the highest free skate or dance (solo or partnered) test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
- The determination of level will be based upon test requirement at the entry deadline.
- Current guidelines and procedures for nonqualifying showcase competitions can be found at www.usfigureskating.org, under "Programs" on the National Showcase page.

Event	Must meet requirements* Must have passed Free Skating or Dance test (solo or partnered standard track)	Must not have passed Free Skate or Dance (solo or partnered) Test or higher	Age	Time
No Test (does not qualify for National Showcase)	No Free Skate test passed	Pre-Preliminary Free Skate Any Free Dance	No age restriction	1:30 max
Pre-Preliminary (does not qualify for National Showcase)	Pre-Preliminary Free Skate	Preliminary Free Skate Any Free Dance	No age restriction	1:30 max
Preliminary	Preliminary Free Skate	Pre Juvenile Free Skate OR Juvenile Free Dance	No minimum age (max age 20)	1:40 max
Pre Juvenile	Pre Juvenile Free Skate	Juvenile Free Skate OR Juvenile Free Dance	No minimum age (max age 20)	1:40 max
Juvenile	Juvenile Free Skate OR Juvenile Free Dance	Intermediate Free Skate OR Intermediate Free Dance	3 and under	2:10 max

Teen	Juvenile Free Skate OR Juvenile Free Dance	Intermediate Free Skate OR Intermediate Free Dance	14-17	2:10 max
Intermediate	Intermediate Free Skate OR Intermediate Free Dance	Novice Free Skate OR Novice Free Dance	17 and under	2:10 max
Young Adult	Juvenile Free Skate OR Juvenile Free Dance	Novice Free Skate OR Novice Free Dance	18-20	2:10 max
Novice	Novice Free Skate OR Novice Free Dance	Junior Free Skate OR Junior Free Dance		2:10 max
Junior	Junior Free Skate OR Junior Free Dance	Senior Free Skate OR Senior Free Dance		2:40 max
Senior	Senior Free Skate OR Senior Free Dance			2:40 max

EVENT: Showcase Events – Duet Events

Format:

- Duets are theatrical or artistic performances by any competitors.
- Props and scenery ARE permitted.

General event parameters:

- Level will be determined by the highest free skate or dance (solo or partnered) test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
- The determination of level will be based upon test requirement at the entry deadline

Current guidelines and procedures for nonqualifying showcase competitions can be found at www.usfigureskating.org, under "Programs" on the National Showcase page.

Duet Event Levels:

Except for Adult events, skaters must compete at the highest level for which they qualify.

Event	Must meet requirements* Must have passed Free Skating or Dance test (solo or partnered standard track)	Must not have passed Free Skate or Dance (solo or partnered) Test or higher	Age	Time
No Test	No Free Skate test passed	Pre-Preliminary Free Skate Any Free Dance	No age restriction	1:30 max
Pre-Preliminary	Pre-Preliminary Free Skate	Preliminary Free Skate Any Free Dance	No age restriction	1:30 max
Preliminary	Preliminary Free Skate	Pre Juvenile Free Skate OR Juvenile Free Dance	No minimum age (max age 20)	1:40 max

Pre Juvenile	Pre Juvenile Free Skate	Juvenile Free Skate OR Juvenile Free Dance	No minimum age (max age 20)	1:40 max
Juvenile	Juvenile Free Skate OR Juvenile Free Dance	Intermediate Free Skate OR Intermediate Free Dance	3 and under	2:10 max
Teen	Juvenile Free Skate OR Juvenile Free Dance	Intermediate Free Skate OR Intermediate Free Dance	14-17	2:10 max
Intermediate	Intermediate Free Skate OR Intermediate Free Dance	Novice Free Skate OR Novice Free Dance	17 and under	2:10 max
Young Adult	Juvenile Free Skate OR Juvenile Free Dance	Novice Free Skate OR Novice Free Dance	18-20	2:10 max
Novice	Novice Free Skate OR Novice Free Dance	Junior Free Skate OR Junior Free Dance		2:10 max
Junior	Junior Free Skate OR Junior Free Dance	Senior Free Skate OR Senior Free Dance		2:40 max
Senior	Senior Free Skate OR Senior Free Dance			2:40 max

U.S. Figure Skating Nonqualifying Competitions

EVENT: Solo Pattern Dance

General event parameters:

- 1. Levels are based upon the skaters' highest pattern dance test passed.
- 2. A solo pattern dance competition event will consist of the skater performing two solo pattern dances.
- 3. The patterns to be skated depend upon which quarter of the year the competition is held. The skater will perform the two pattern dances listed for their level, based upon the date of the competition. If the competition falls over two quarters (for example, June 30th July 2nd), the dance will be selected based on the start date of the competition listed in the announcement (in this example, the 2nd quarter).
- 4. Skaters will complete both of the dances at each level. Dances will be scheduled at the discretion of the Chief Referee for each competition and may be competed consecutively or with a break in-between pattern dances groupings.

Level	January 1- March 31st	April 1st – June 30th	July 1st – September 30th	October 1st – December 31st
Preliminary			•	1. Rhythm Blues 2. Dutch
•	1. Dutch Waltz	1. Rhythm Blues	1. Canasta Tango	Waltz
	2. Canasta Tango	2. Dutch Waltz	2. Rhythm Blues	
Pre-bronze				
	1. Swing	1. Fiesta Tango	1. Cha-Cha	1. Swing
	2. Cha-Cha	2. Swing	2. Fiesta Tango	2. Cha-Cha
Bronze				
	1. Hickory Hoedown	1. Ten Fox	1. Willow Waltz	1. Hickory Hoedown
	2. Willow Waltz	2. Hickory Hoedown	2. Ten Fox	2. Willow Watz
Pre-silver				
	1. Fourteenstep	1. Foxtrot	1. European Waltz	1. Fourteenstep
	European Waltz	Fourteenstep	2. Foxtrot	European Waltz

Silver				
	1. American Waltz 2. Silver Tango	Rocker Foxtrot American Waltz	 Silver Tango Rocker Foxtrot 	American Waltz Silver Tango
Pre-gold				
	1. Killian	1. Paso Doble	1. Killian	1. Paso Doble
	2. Blues	2. Starlight Waltz	2. Blues	2. Starlight Watlz
Gold				
	Viennese Waltz Argentine Tango	Westminster Waltz Quickstep	Viennese Waltz Argentine Tango	Westminster Waltz Quickstep

NONQUALIFYING COMPETITION ENTRY FORM 2018 Falling Leaf Open

Name:		U.S. Figure Skating #	
Date of Birth:		Sex:	
Address:			
Email:			
Cell phone:			
Name of pare or guardian:	nt		
Highest MITF test:		Highest free skate test:	
Home figure skating club:			
Coach name:		Coach U.S. Figure Skating#	
Coach email:		Coach cell phone:	

Please mark an "X" in the box next to events you are entering.

Basic Skills Elements	Х	Basic Program	Х	Pre-Free/Free Skate Compulsory	X	Pre-Free/Free Skate Program	X
Snowplow Sam		Snowplow Sam		Pre-Free Skate		Pre-Free Skate	
Basic 1		Basic 1		Free Skate 1		Free Skate 1	
Basic 2		Basic 2		Free Skate 2		Free skate 2	
Basic 3		Basic 3		Free skate 3		Free skate 3	
Basic 4		Basic 4		Free skate 4		Free Skate 4	
Basic 5		Basic 5		Free Skate 5		Free Skate 5	
Basic 6		Basic 6		Free Skate 6		Free Skate 6	

Excel Compulsary	Х	Excel Track Events	X	Well Balanced Program Events 6.0	X
Excel Beginner		Pre-Preliminary		No Test	
Excel High Beginner		Preliminary		Pre-Preliminary	
Excel Pre-Preliminary		Pre-Juvenile		Preliminary	
Excel Preliminary		Juvenile		Pre-Juvenile	
		Intermediate			
		Novice			
		Junior			
		Senior			

Short Program	X	Compulsory Events	Х	Well Balanced Events IJS	X	Solo Pattern Dance	X
Intermediate		No Test		Open Juvenile		Preliminary	
Novice		Pre-Preliminary		Juvenile		Pre-Bronze	
Junior		Preliminary		Intermediate		Bronze	
Senior		Pre-Juvenile		Novice		Pre-Silver	
		Juvenile		Junior		Silver	
		Intermediate		Senior		Pre-Gold	
		Novice				Gold	
		Junior					
		Senior					

SHOWCASE EVENTS

Dramatic	X	Light Entertainment		Duets	Х
No Test		No Test		No Test	
Pre-Preliminary		Pre-Preliminary		Pre-Preliminary	
Preliminary		Preliminary		Preliminary	
Pre-Juvenile		Pre-Juvenile		Pre-Juvenile	
Juvenile		Juvenile		Juvenile	
Teen		Teen		Teen	
Intermediate		Intermediate		Intermediate	
Young Adult		Young Adult		Young Adult	
Novice		Novice	Novice		

			, , , , , , , , , , , , , , , , , , , ,
Junior		Junior	Junior
Senior		Senior	Senior
First Event			
Additional Event			
Additional Event			
Additional Event	\$		
Additional Event			
Additional Event	\$		
Paper Entry Fee	\$	15.00	
Total:	\$		
	order p	payable to The S 0 764 Saugerties N	
ENTRY FEES ARE	NOT RE	FUNDABLE AFTE	THE ENTRY DEADLINE UNLESS AN EVENT IS CANCELED.
competitor and family	holds T	he Skating Club o	gible to enter the events checked. It is agreed that the Saugerties/Kiwanis Ice Arena harmless from any and all liability m any and all liability for damages to or loss of property.
Instructor/coach has v	erified t	hat the skater/tea	is entered in the correct level.
The Program Director/	Club O	fficer has verified	nat the skater/team is in good standing.
Parent/Guardian Signature			Date
Competitor Signature			Date
Instructor/Coach Signature			Date

Program Director/Club Officer______ Date_____